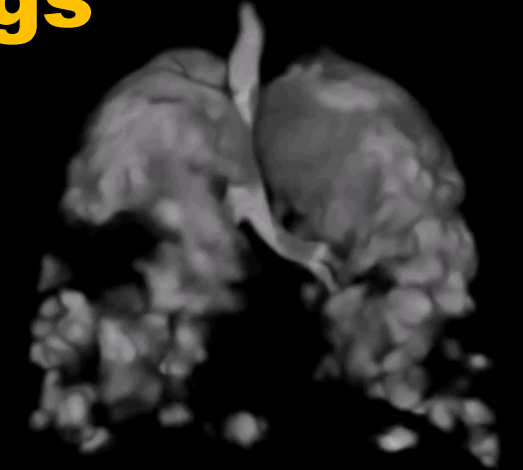


# Functional Lung MRI Using Inhaled Hyperpolarised Xenon-129 for Personalised Radiotherapy Planning and Longitudinal Treatment-induced Lung Injury Assessment: Preliminary Findings



**Salha Alshoaibi**

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Secondary Supervisor: Prof. Jim Wild

Clinical Supervisor: Prof. Matthew Hatton

# Lung Cancer: Global and Regional Burden

## Global Perspective

- **Incidence:** 2nd most common cancer (2.48 million new cases in 2022).
- **Mortality:** 1.8 million deaths were linked to lung cancer.
- If trends continue → by 2050:
  - 4.62 million new cases.
  - 3.55 million deaths.



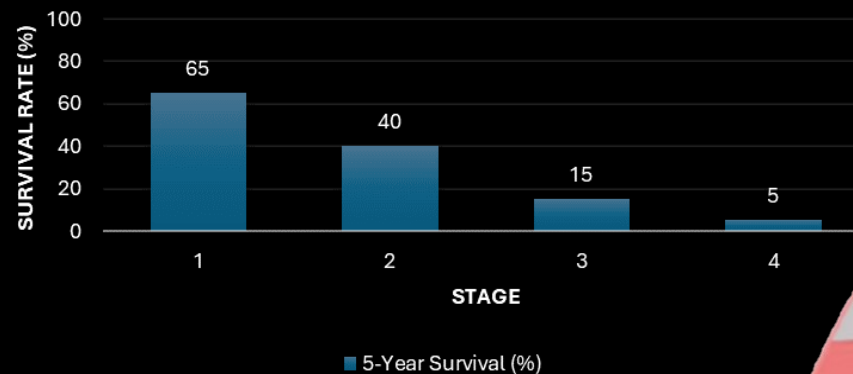
Cigarette smoking → is the primary risk factor for lung cancer worldwide.



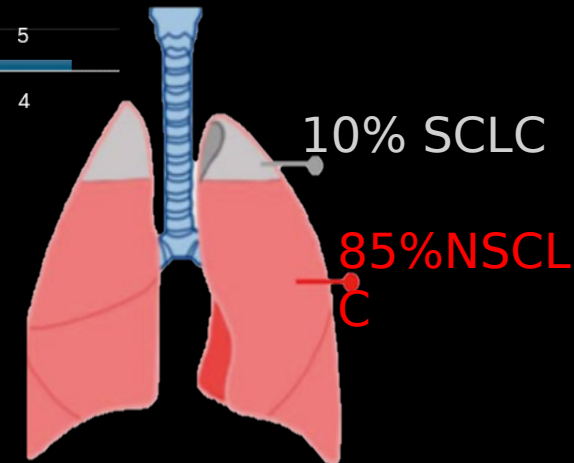
## UK / Yorkshire

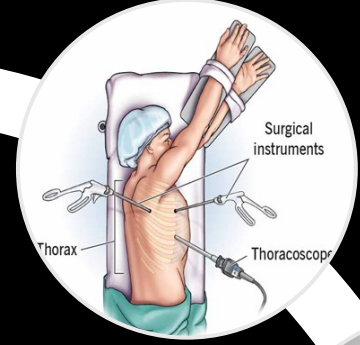
- 4,300 new cases diagnosed annually.

5-Year Survival by Lung Cancer Stage (England, 2016 –2020)



Most cases are diagnosed at late stages (III-IV) → poor treatment outcomes





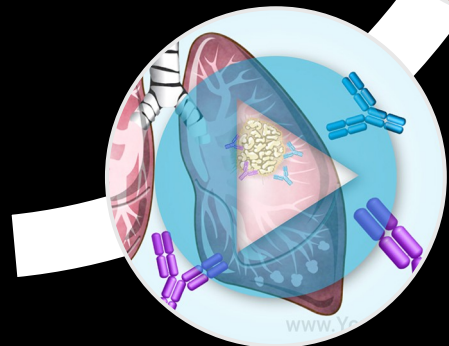
**Surgery**



**Radiotherapy**



**Chemotherapy**

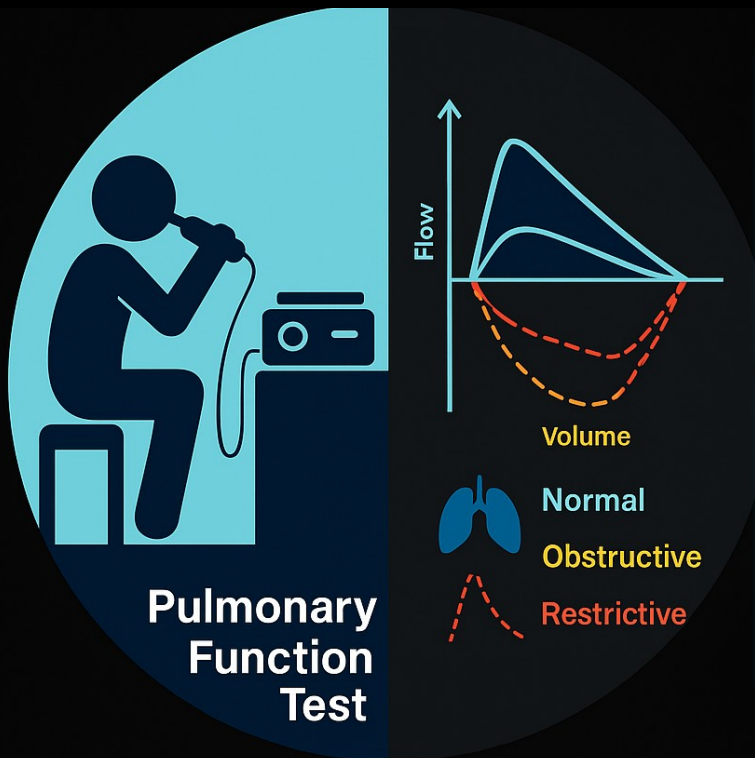


**Immunotherapy**



**Lung Cancer Treatment Modalities**

# Pulmonary Function Tests



**FEV1**  
Forced expiratory volume in one second

**FVC**  
Forced vital capacity

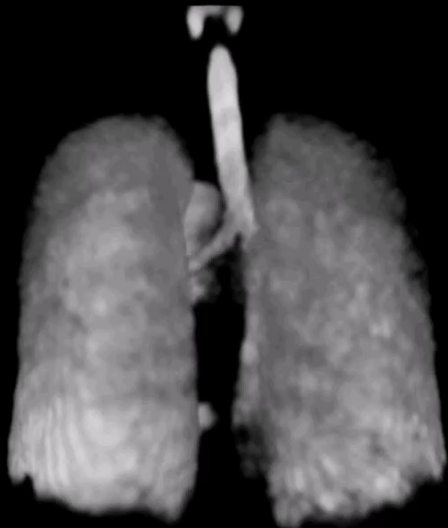


University of Sheffield Lung Function Lab

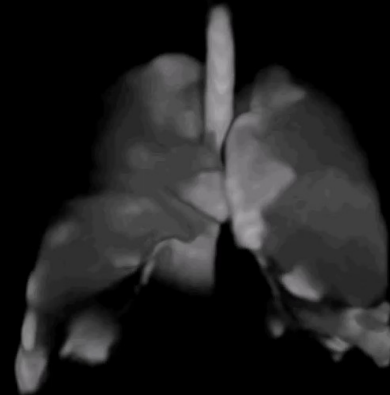
FEV1 measurements below 40% deem an increased peri-operative risk and mean radiotherapy may be more suitable

# Aim of the Study

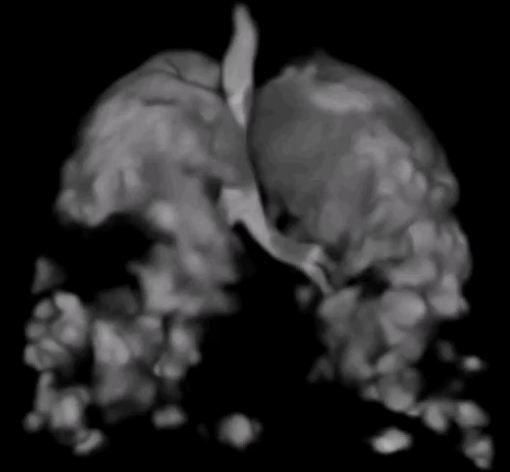
To evaluate Hyperpolarised Xenon-129 (HP  $^{129}\text{Xe}$ ) MRI-derived **ventilation**, **diffusion**, and **gas-exchange** metrics in patients with early-stage NSCLC undergoing surgery or radiotherapy



Healthy



COPD



Lung cancer (+)

# Patient Experience During HP $^{129}\text{Xe}$ MRI Imaging



Polariser

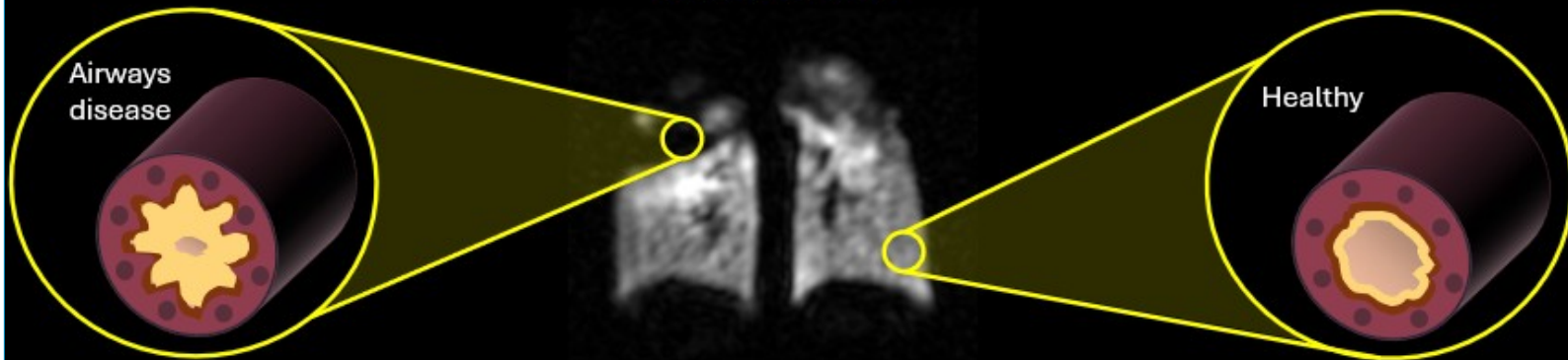


Tedlar bag

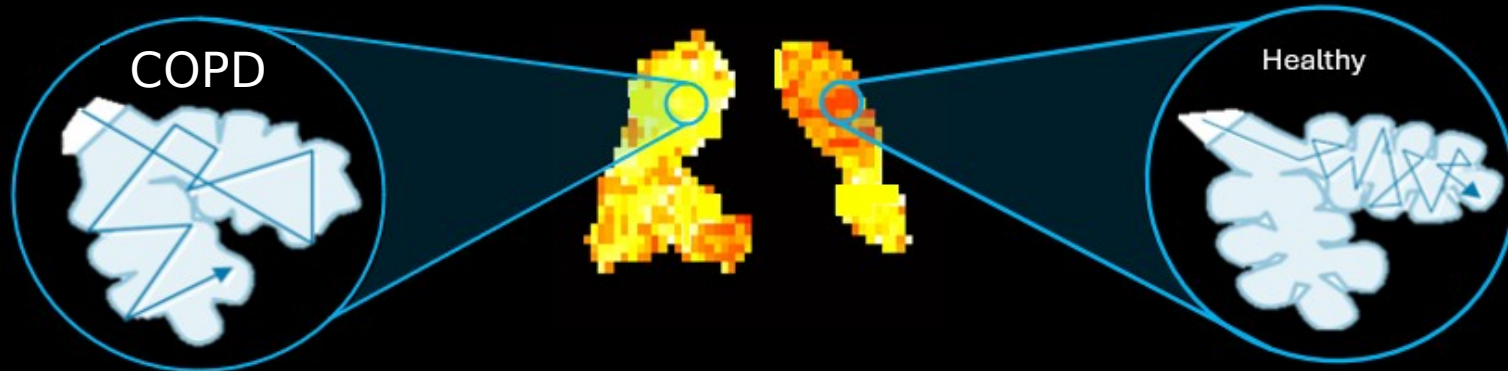


RF coil

## Ventilation



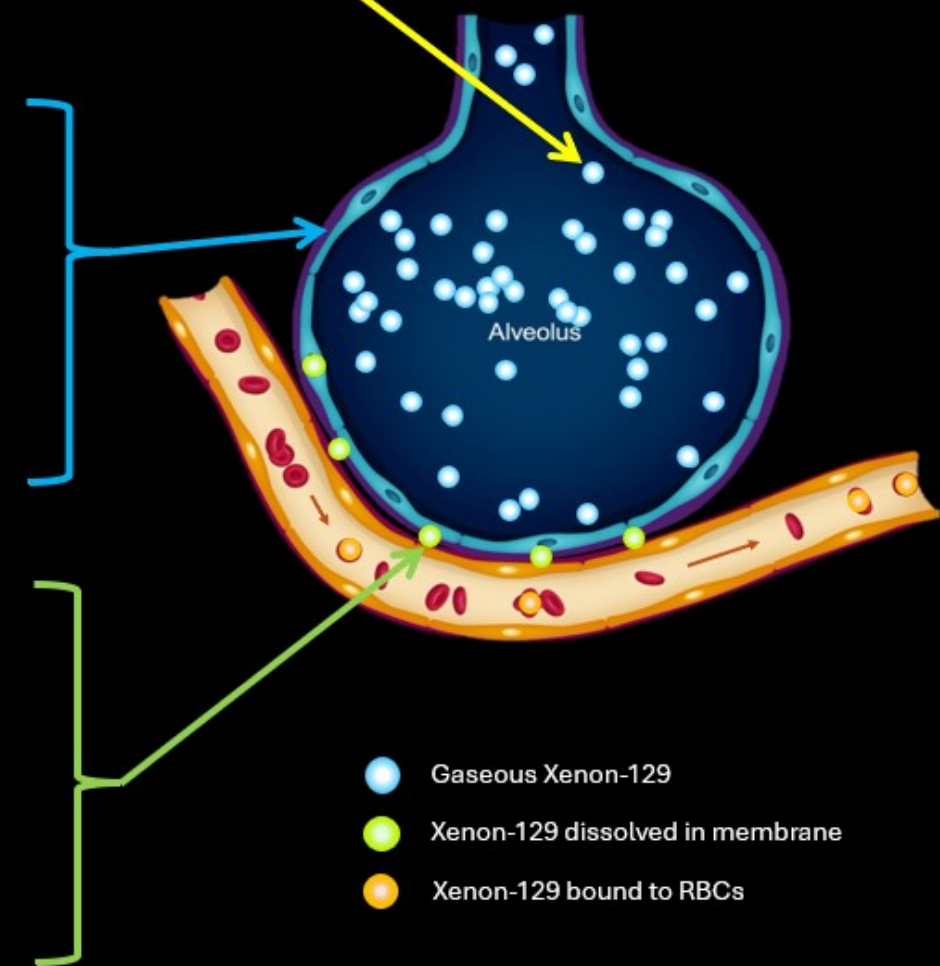
## Diffusion



## Gas Exchange



## $^{129}\text{Xe}$ MRI



# LUMRIS Data Acquisition



**LU**ng **MR**I for **RI**sK Stratification to select non-small cell lung cancer patients for radical treatment

## **Inclusion:**

Radically treatable NSCLC  
Borderline lung function  
Able to undergo MRI scanning

**PFTs**  
 **$^{129}\text{Xe}$  MRI**  
**Dynamic Contrast-Enhanced MRI**  
**CT**

Visit 1:  
Pre-treatment

Visit 2:  
3 months post-treatment

Visit 3:  
12 months post-treatment

# Summary of Patient Characteristics

	Clinical Characteristic	RT Group	Surgery Group
		Number (%) or mean $\pm$ SD	Number (%) or mean $\pm$ SD
<b>Gender</b>	Male	11 (55.0%)	1 (16.7%)
	Female	9 (45.0%)	5 (83.3%)
<b>Age</b>	Age	72.2 $\pm$ 7.7	72.5 $\pm$ 8.1
<b>Treatment regime</b>	S or RT	20 (76.9%)	6 (23.1%)
<b>Smoking Cigarette Status</b>	Current smoker	8 (40.0%)	3 (50.0%)
	Former smoker	9 (45.0%)	3 (50.0%)
	Alternative tobacco product user	2 (10.0%)	0
	Non-smoker	1 (5.0%)	0
<b>Respiratory</b>	COPD	11 (55.0%)	2 (33.3%)
	Asthma	1 (5.0%)	1 (16.7%)
	Emphysema	2 (10.0%)	0

# MRI Acquisition and Analysis

Imaging

$^{129}\text{Xe}$   
Ventilation

$^{129}\text{Xe}$   
Diffusion

$^{129}\text{Xe}$   
Gas  
Exchange

Biomarker

Ventilation  
Defect  
Percentage  
(VDP)

Lung  
Microstructure:  
apparent  
diffusion  
coefficient  
(ADC) & mean

Signal ratios of  
 $^{129}\text{Xe}$  in  
physicochemical  
compartments

Analysis

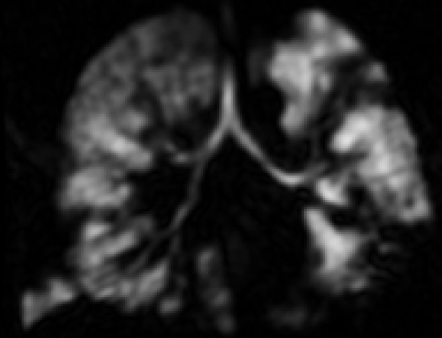
Heterogeneity  
of lung  
ventilation

Whole lung  
morphometry  
measurements

Ratio Maps  
(RBC:Tissue,  
RBC:Gas,  
Tissue:Gas)

# Workflow of image segmentation to calculate the VDP

**$^{129}\text{Xe}$  MRI**



Deep learning  
+  
manual  
editing



Ventilated  
volume

**Proton MRI**



Deep learning  
+  
manual  
editing

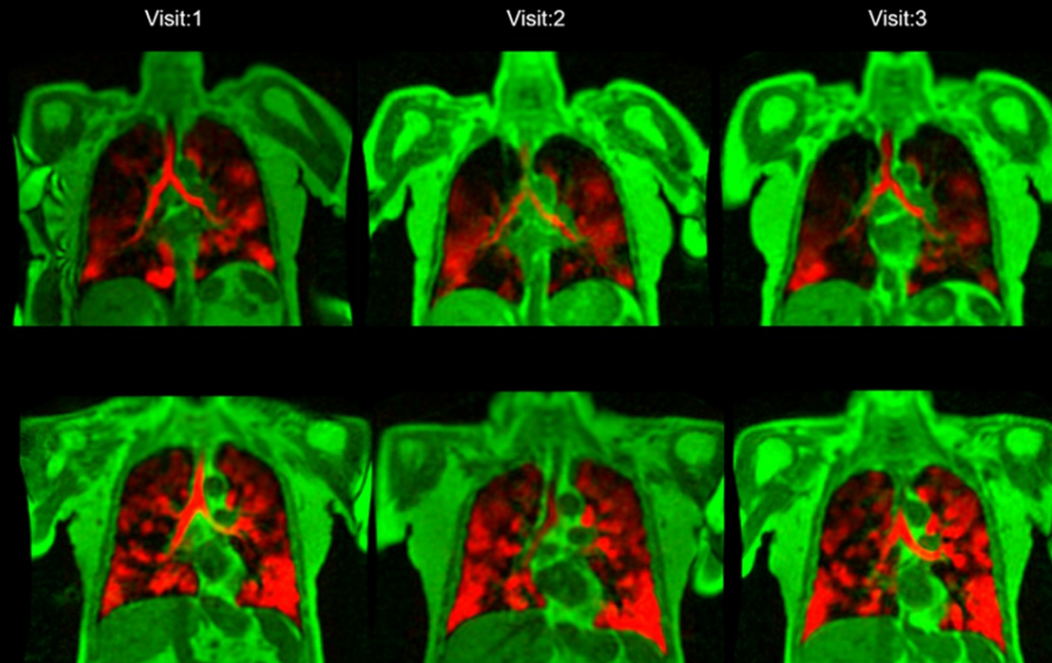
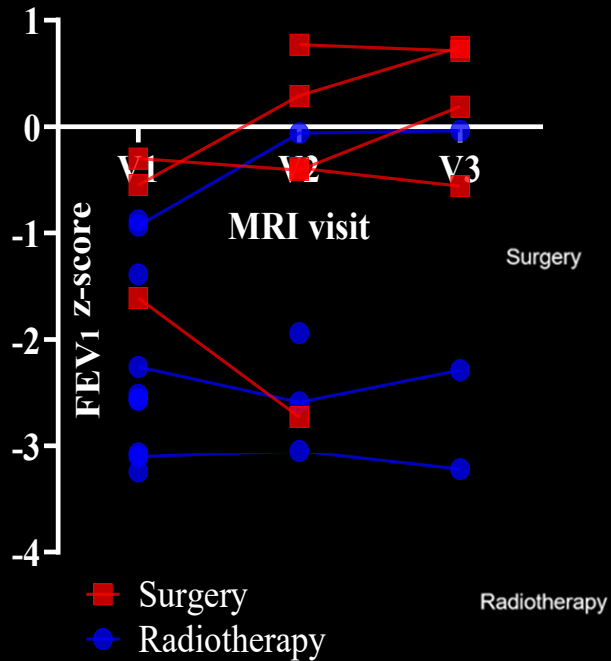


Total lung  
volume

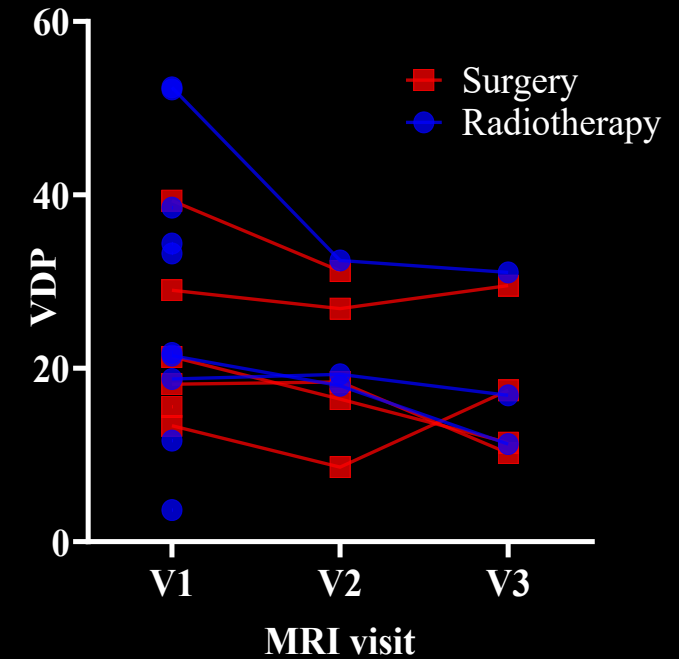
$$\left(1 - \frac{VV}{TLV}\right) * 100 = VDP$$

# Longitudinal Changes Between Lung **Ventilation** Defect Percentage and Lung Function Measures In Patients with Early-stage NSCLC

Lung function measures (FEV<sub>1</sub>)



Ventilation defect percentage (VDP)

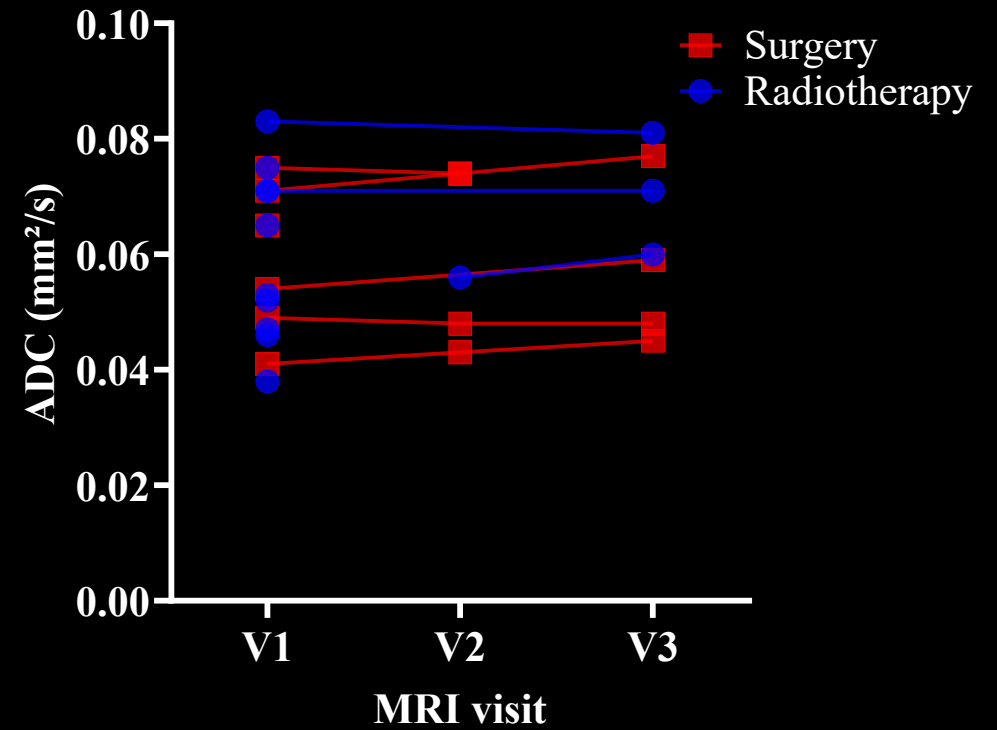


Hyperpolarised <sup>129</sup>Xe gas ventilation MRI (red) overlaid on anatomical proton MRI in two NSCLC patients who underwent **surgery** (top) and **radiotherapy** (bottom) over three visits

# Longitudinal Changes In **Diffusion** Among Early-stage NSCLC Patients with Surgery and Radiotherapy

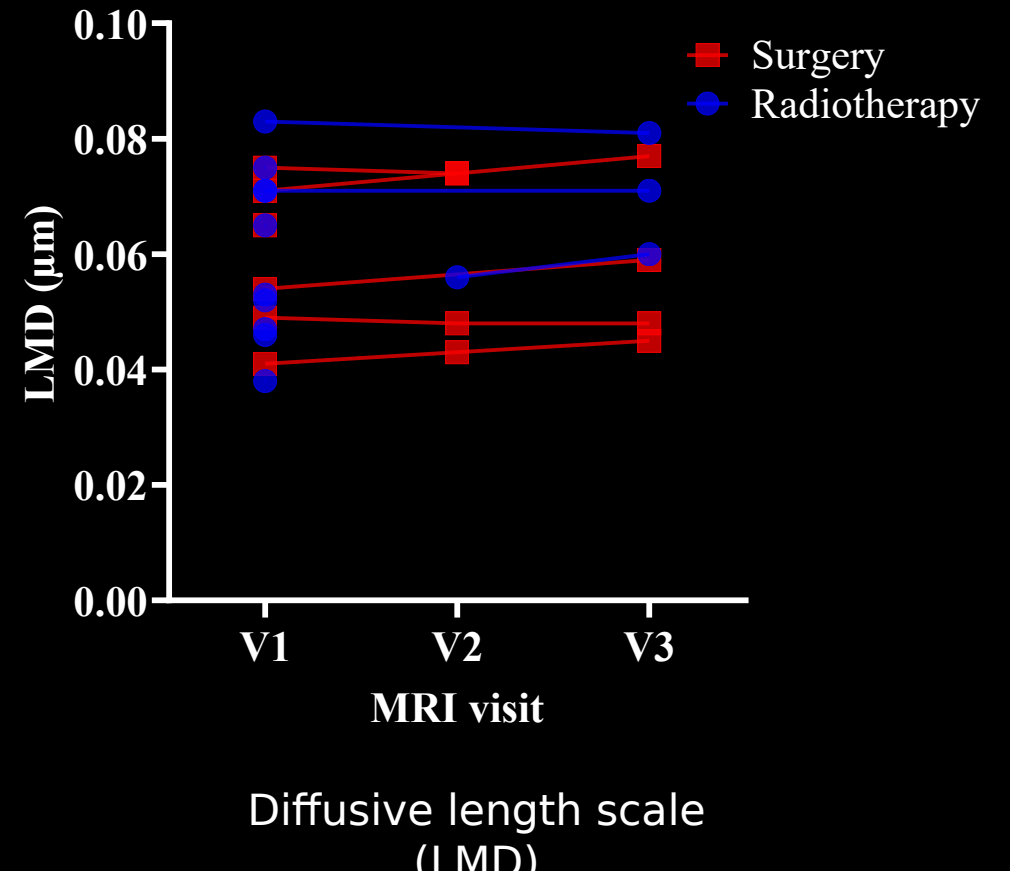


Longitudinal changes in the diffusion of a patient undergoing **surgery**



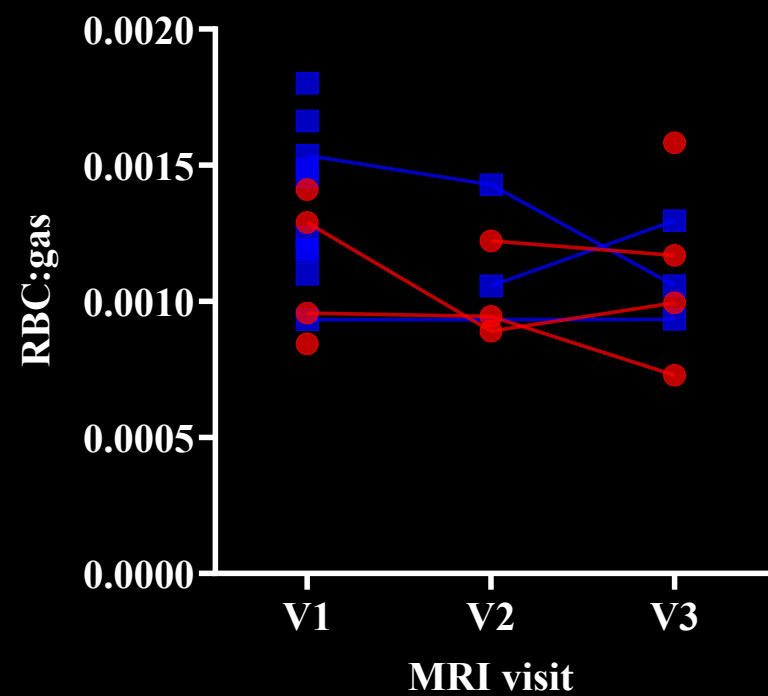
Apparent diffusion coefficient (ADC)

# Longitudinal Changes In **Diffusion** Among Early-stage NSCLC Patients with Surgery and Radiotherapy

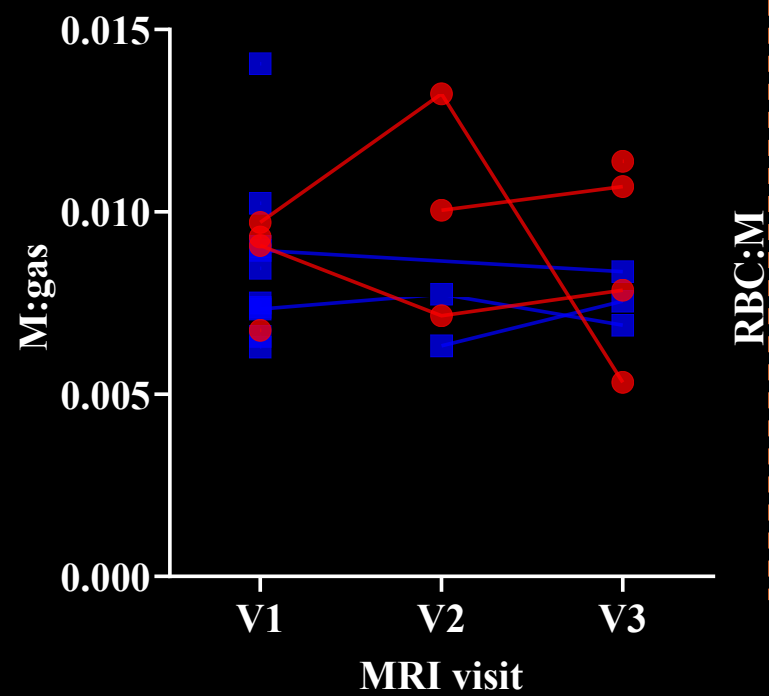


Longitudinal changes in the diffusion of a patient undergoing **surgery**

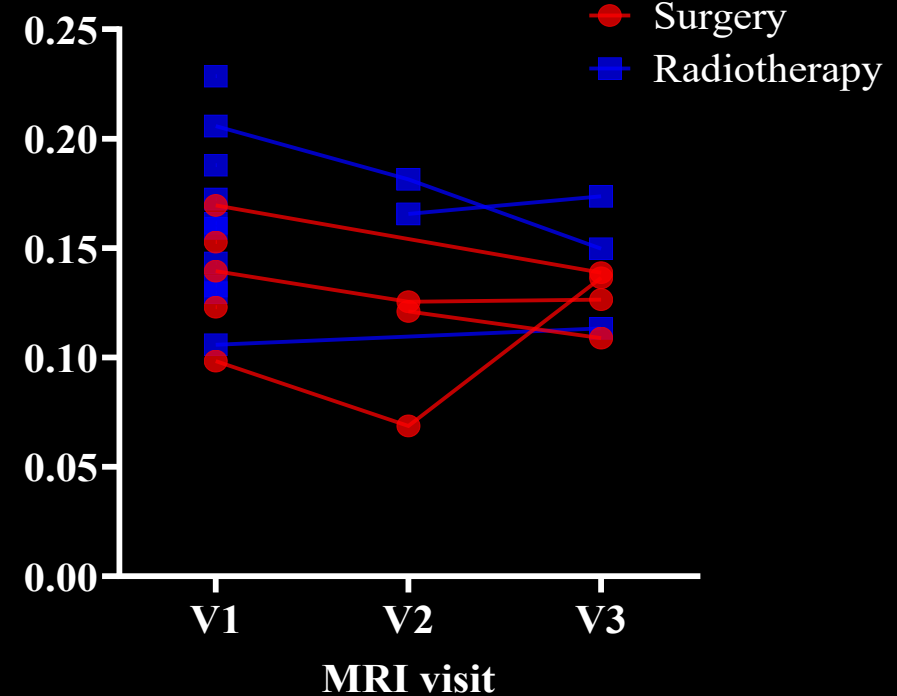
# Longitudinal Changes in **Gas Exchange** in Lung Cancer Patients With Surgery and Radiotherapy



red blood cell to gas ratio (RBC:gas)

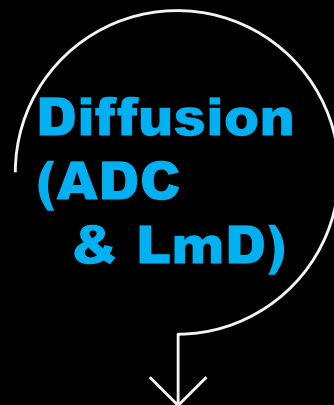


membrane to gas ratio (M:gas)



red blood cell to membrane ratio (RBC:M)

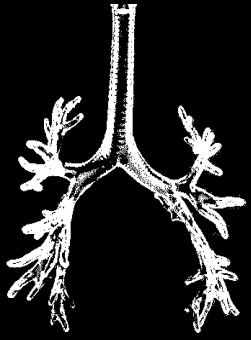
# Conclusion



HP  $^{129}\text{Xe}$  is feasible and show promise for monitoring regional changes in lung function for early-stage NSCLC patients



Advanced functional MRI could guide personalised radiotherapy and post-surgical follow-up to improve patient outcomes



# Acknowledgment

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- William Clark
- Fred Smith
- Patients who have participated in the study

## Polaris Lung Imaging Group ([www.shef.ac.uk/polaris](http://www.shef.ac.uk/polaris))



University of  
Sheffield

**POLARIS**

Pulmonary, Lung and Respiratory Imaging  
Sheffield

Polarised Imaging Systems



Sheffield Teaching Hospitals  
NHS Foundation Trust



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Yorkshire Cancer  
Research 